

Tip of the



Prevention Application Information from the **Western Center for the Application of Prevention Technologies**

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Getting to Outcomes

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The National Center for the Advancement of Prevention (NCAP), with funding from the Center for Substance Abuse Prevention, has developed a prevention planning tool entitled, "Getting to Outcomes."

According to the "Getting to Outcomes" Training Guides, which is based on the logic model, the **steps to prevention planning** are:

- Step 1: assess needs
- Step 2: develop capacity
- Step 3: select programs
- Step 4: implement programs
- Step 5: evaluate programs

The **steps to assess needs** are:

- Step 1: determine the problem
- Step 2: build your team
- Step 3: assess risk and protective factors
- Step 4: select indicators
- Step 5: collect the data
- Step 6: go the extra mile
- Step 7: analyze and report the data
- Step 8: do it all over again

The **steps to develop capacity** are:

- Step 1: determine internal capacity
- Step 2: determine external resources
- Step 3: develop the strategic plan

The **steps to select programs** are:

- Step 1: establish program criteria
- Step 2: consider each program's requirements for fidelity and adaptation
- Step 3: set benchmarks for evaluation: baseline data and future measures

The **steps to implement programs** are:

- Step 1: develop detailed action steps
- Step 2: mobilize resources
- Step 3: schedule training
- Step 4: consider adaptation issues: program fidelity and quality control
- Step 5: make mid-course corrections if necessary
- Step 6: ensure sustainability

The **steps to evaluate programs** are:

- Step 1: outcomes evaluation
- Step 2: process evaluation
- Step 3: continuous quality improvement
- Step 4: program sustainability

Summary

Identifying local concerns and assessing community capacity helps organizations in developing a strategic plan to address current and future substance abuse problems. By selecting scientifically sound programs and evaluating at each step, organizations will be better equipped to bring about community support, which fuels increased programming, achievement of desired outcomes, and community collaboration.

For more information about "Getting to Outcomes" and completing these steps go to:

www.preventiondss.org.

The six regional CAPTs are funded by the Center for Substance Abuse Prevention in the Substance Abuse and Mental Health Services Administration. For more information on this Tip of the CAPT or other WestCAPT services, please visit our web site: www.unr.edu/westcapt or our best practices website: www.open.org/westcapt.

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